

READ ALL INSTRUCTIONS PRIOR TO INSTALLATION



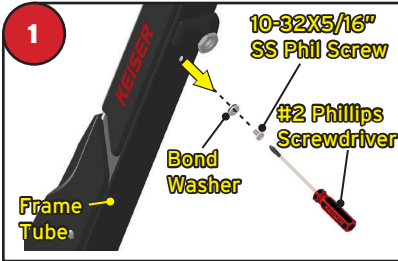
KEISER DUMBBELL HOLDER
(PN 550878X) INCLUDES:

- Qty 1, Dumbbell Holder

TOOLS AND MATERIALS

REQUIRED:

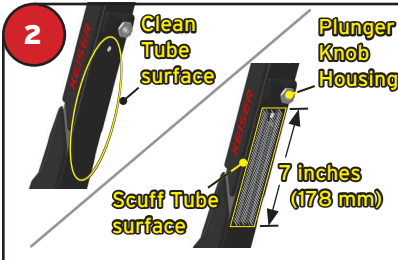
- Eye Protection
- Scouring Pad
- Drill Driver
- Shop Rag
- Isopropyl Alcohol
- #2 Phillips Screwdriver



Remove the 10-32x5/16" SS Phillips Screw and the Bond Washer from front of the Frame Tube using a #2 Phillips Screwdriver.

- Keep the Screw. It will be used to install the Dumbbell Holder in Step 3.
- Discard the Bond Washer. The Dumbbell Holder does not require this part.

NOTE: The Plunger Knob is purposely not shown. It is not required to remove the Plunger Knob for this installation procedure.



Using a scouring pad (such as general purpose, fine-grade Scotch-Brite, or equivalent), **lightly** scuff painted surface below the Plunger Knob Housing for the length of 7 inches (178 mm).

- Clean scuffed surface with 50/50 isopropyl alcohol/water with a shop rag.
- Allow the surface to dry completely before moving to next step.



Remove backing paper from the adhesive on the Dumbbell Holder. Align hole of the Dumbbell Holder with the tapped hole on the Frame Tube. **Be sure it is properly aligned, as you will get one chance to apply the adhesive.** Firmly press Dumbbell Holder onto Frame Tube for proper surface contact and bond. Fasten the 10-32x5/16" SS Phillips Screw into the threaded hole in clockwise rotation using a #2 Phillips Screwdriver.

CUSTOMER SUPPORT

If you have any questions regarding the installation procedure and/or operation after reading this guide, contact Keiser Customer Support:

☎ 1 559 256 8000

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🌐 keiser.com/support

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